

Constipation

- Consume high fiber meals like vegetables and fruits.



Sprue

- Brush teeth after meals and use a downy toothbrush.
- Do not use alcohol based mouthwash.



Oral Chemotherapy Medicine Information



Warning:

Please contact doctor or other health workers immediately when a disturbing side effect appears.

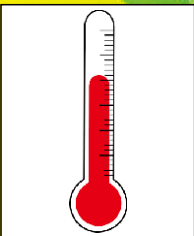
Do not stop medication without doctor's instruction's

PUSAT RESPIRASI NASIONAL



RSUP PERSAHABATAN
Melayani Secara Bersahabat

How to storage oral chemotherapy medicines?



Most oral chemotherapy medicines are store in room temperature (15° to 30° C) and several oral chemotherapy medicine are required to be protected from light.



Keep away from children.

Pharmacy Installation

Jl. Persahabatan Raya No.1
Rawamangun Jakarta Timur 13230
Phone (021) 4891708 Ext. 340
Email : info@rsupersahabatan.co.id
Website : www.rsupersahabatan.co.id

Persahabatan Hospital's Pharmacy Installation

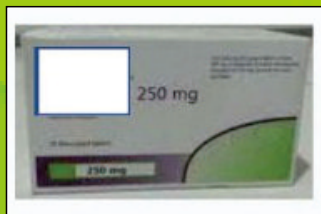
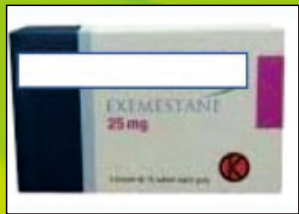
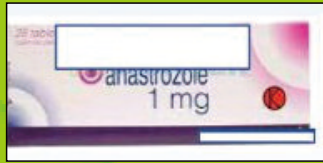
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Caring With Friendship

What does "Oral Chemotherapy" means?

It's a procedure of medication using an orally given medicine to stop or halt cancer cell growth in a body.

Oral chemotherapy medicines applied in RSUP Persahabatan:



How to consume oral chemotherapy medicines?

- Consume with or without meal: Anastrozol, Bicalutamid, Letrozol, Tamoksifen, Gefitinib dan Imatinib.
- Suggested to consume along with meal: Eksesemestan, or 30 minutes after meals for Kapesitabin.
- To consume on empty stomach (an hour before meal or an hour after meal): Lapatinib, Afatinib and Erlotinib.

Take medicines on exact tin regularly according to the dose

Particular attention, before consuming oral chemotherapy medicines, please make sure:



Apply soaps and use running water to wash hands before and after disclosing medicine's package.



No hands direct contact applied to medicines (use a plastic spoon and hand gloves when needed).



Consume medicine immediately after disclosing.

What should we do when we forgot to consume the oral chemotherapy medicines?

Twice a day dosage medicines:



Missed less than six hours: Consume the missed medicines immediately.

Missed more than six hours: Don't consume the missed medicines; take it on the next consuming schedule

Once a day dosage:



Missed less than twelve hours: Consume the missed medicines immediately

Missed more than twelve hours: Don't consume the missed medicines; take it on the next consuming schedule

What are the side effect of oral chemotherapy medicines and how to handle?



Nauseous and Vomit

- Have meal in small portion but frequent.
- Avoid fatty meal.
- Consume high amount of water to prevent dehydration.

If the condition gets worse, consume anti-nausea medicine on doctor's prescription



Diarrhea

- Consume high amount of water to prevent dehydration.
- Consume low fiber meals.
- Consume soft food like banana, bread and porridge.